

Dec./Jan. 2018-2019

The BASE Mission:
To raise awareness about
the impact that high risk
behaviors have on our
community, provide
education and engage all
stakeholders in order to
reduce youth substance
abuse.

BASE

BUILDING A SAFER EVANSCVILLE

Bimonthly Newsletter

buildingasaferevansville.org

Mark Your Calendars!

The next BASE Coalition meeting is scheduled for:
Friday, February 15th at 8:00 AM
Creekside Place

Narcan Overdose Death Prevention Trainings:

Wednesday February 6
Evansville EMS from 6-7pm

Wednesday April 17th
Eager Free Public Library from 6-7pm

Evansville Community Wellness Day
Saturday, April 27th
Creekside Place from 9am-12pm

2018 Board of Directors

Mike Czerwonka (President)
[Evansville School District](#)
Kelly Klingensmith (Vice President)
[Rock County Health Department](#)
Lt. Patrick Reese (Treasurer)
[Evansville Police Department](#)

Courtney Bergsma [Community Member](#)
Jim Brooks [Evansville Community Partnership](#)
Sean Mangold [Recovery Coach & Peer Specialist](#)
Laura Mays [Stoughton Hospital](#)
Deb Miller [Evansville High School](#)
Gail Pluemer Winter [Parent](#)
Kaitlynn Finfrock [Youth Representative](#)
Jennifer Braun [Executive Director](#)

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Assitance Program

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Parent's Night Out
What's Coming Up

Subscribe to BASE on
YouTube!

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Meet Our New Board Members!

Building a Safer Evansville is welcoming two new members to our Board of Directors. We are excited to work more closely with Courtney Bergsma and Sean Mangold!



Courtney first heard about BASE in 8th grade when Tina Nelson invited her on a trip to Austin Texas for the CADCA National Youth Leadership Initiative. Courtney has served on the BASE Board of Directors previously as the Youth Representative and was the President of the EHS SADD chapter.

“My favorite part about being involved with BASE is working with the community.”

-Courtney

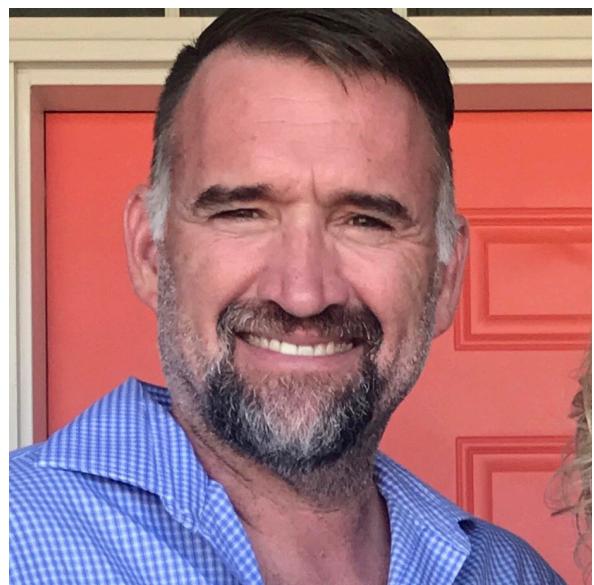
Courtney's love for working with the community, and her passion for BASE's mission motivated her to become a coalition member and now an active board member. She has been involved with BASE since 2013 and has represented BASE at several Youth Leadership trainings throughout the US. We are glad to have her back on board.

Sean wanted to be part of an organization that has a desire to protect youth from making potentially harmful decisions that could have life long consequences.

“I feel my life experience and training in addiction and mental health can be an asset for BASE.”

-Sean

Sean enjoys meeting other coalition members and hearing about successes that happen throughout the month and the positive impact that BASE has on the community.



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Victim's Assistance Program

Lt. Reese from the Evansville Police Department and Pastor Ann from United Methodist church spoke during a Facebook Live Session with BASE about the department's Victim's Assistance Program. This program assists victims of crime in Evansville that are in immediate need of food, gas, or a place to stay for the night.

About seven years ago, Lt. Reese told attendees at a community meeting that the city needed an emergency fund to help victims. The idea was shelved until this year, when Reese met with Scott on an unrelated issue. The conversation evolved into a partnership between United Methodist Church and The Evansville Police Department.

"Up until this point, officers had been taking money out of their own pockets and helping crime victims stay at the hotel overnight or get some food at a local restaurant or get some gas to get somewhere safe." - Lt. Patrick Reese



BASE acts as the program's fiscal agent and manages the donations that come in for this fund. So far, United Methodist Church, Allen Realty, and City of Evansville Water & Light have donated to the fund.

"We recognize that we live our faith, not just inside the walls of the church, but beyond the church. To be part of the community is something that [United Methodist Church] is dedicated and committed to." - Pastor Ann Scott

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Handle With Care Program

Janessa Katzenberger from the Evansville School District joined BASE for a Facebook Live Session. She discussed a program that has been implemented into The Evansville School District called "Handle With Care."

The Handle With Care program helps connect children who experience traumatic events, including domestic violence situations, overdoses, and more, to school resources that are designed to provide the child with trauma-informed care.

The Handle With Care program originally started in Charleston, West Virginia. Some leaders from Rocky County Human Services attended a training and brought it back to the community. Before school started, all staff in the district were trained in Handle With Care.



Officers at The Evansville Police Department are also trained in Handle With Care. These officers notify the school district if a student has undergone a traumatic experience outside of school so the staff knows to handle that student with care. Given the right resources, schools can play a critical support role for kids impacted by trauma and provide them with a safe haven.

For more information on the Handle With Care program, you can contact Janessa Katzenberger at KatzenbergerJ@evansville.k12.wi.us or for building specific questions, please contact that building's principal or anyone on the student services team.



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Upcoming Narcan Trainings

Building a Safer Evansville is hosting two Narcan Overdose Death Prevention Trainings. These trainings are lead by the AIDS Resource Center of Wisconsin.

There is no cost for these Narcan trainings. Naloxone kits provided at no cost. Narcan trainings are recommended for anyone at risk of an opioid overdose, friends and family of someone at risk, healthcare, social and outreach service providers. You will learn how to recognize the signs of an overdose, the steps to administer naloxone and how TO SAVE A LIFE.

Mark your calendars for Wednesday, February 6th from 6-7pm at Evansville EMS (11 W Church St.). BASE will be hosting a second Narcan Training on April 17th from 6-7pm at Eager Free Public Library (39 W Main St.).



It is important to be able to recognize the signs of an overdose. Some of these signs include:

Loss of consciousness, unresponsive to outside stimulus, awake, but unable to talk, breathing is very slow and shallow, erratic, or has stopped, choking sounds, or a snore-like gurgling noise, vomiting, body is very limp, face is very pale or clammy, fingernails and lips turn blue or purplish black, or pulse (heartbeat) is slow, erratic, or not there at all.

Naloxone is a medication designed to rapidly reverse opioid overdose. It is an opioid antagonist—meaning that it binds to opioid receptors and can reverse and block the effects of other opioids. It can very quickly restore normal respiration to a person whose breathing has slowed or stopped as a result of overdosing with heroin or prescription opioid pain medications.

Everyone can carry these Naloxone kits, such as EMS, Police officers, or fellow community members.

FREE NARCAN TRAINING

**EVANSVILLE EMS, 11 W CHURCH STREET, EVANSVILLE
TRAINING PROVIDED BY AIDS RESOURCE CENTER OF WISCONSIN**

BASE

WORKING TO CREATE A HEALTHIER COMMUNITY

**FEBRUARY 6TH
WEDNESDAY
6-7PM**

QUESTIONS?

CONTACT:
jbraun.base@gmail.com

LEARN HOW TO SAVE LIVES

**NO COST FOR THE TRAINING-
NALOXONE KITS PROVIDED AT NO COST.**

**TRAINING RECOMMENDED FOR ANYONE AT RISK
OF AN OPIOID OVERDOSE, FRIENDS AND FAMILY OF
SOMEONE AT RISK, HEALTHCARE, SOCIAL AND
OUTREACH SERVICE PROVIDERS.**

**YOU WILL LEARN HOW TO RECOGNIZE THE SIGNS OF
AN OVERDOSE, THE STEPS TO ADMINISTERING
NALOXONE AND HOW TO SAVE A LIFE.**

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EHS SADD Updates

In December, representatives from EHS Students Against Destructive Decisions group (SADD) went to the middle school and talked to the sixth graders about the dangers of over the counter medication misuse and how to make sure the proper dosage is taken. SADD youth also talked with these students about vaping, and utilized BASE's Vape Cart to showcase the dangers of vaping.

SADD hosted Parents Day Out in December. This event was held at Evansville High School and was an opportunity for parents to drop off their kids and enjoy a day to themselves. At the school, SADD volunteers provided activities for students grade K-4.

SADD with the help of BASE, was very involved with homecoming, providing snapchat filters and incentives for students to participate in Spirit Days. SADD was also present at the UB&T Tailgate.

Coming up in March, SADD plans to do a coin war. Last year when they did this, they raised over \$400 for homeless youth in Evansville.

In May, SADD representatives plan to mentor incoming freshman about what high school is like, ways to practice refusal skills with drugs and alcohol, and more.



Deb Miller, Kaitlynn Finfrock, and Kylie Hoops participate in a BASE Facebook Live Session to discuss the SADD Program.

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**WAIT, WHAT'S
IN MY *Vape*?**

Wait, What's in My Vape?

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BASE Building a Safer Evansville
Published on Dec 28, 2018

ANALYTICS

EDIT VIDEO

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