

July 2018



## Bimonthly Newsletter

[buildingasaferevansville.org](http://buildingasaferevansville.org)

**The BASE Mission:**  
To raise awareness about the impact that high risk behaviors have on our community, provide education and engage all stakeholders in order to reduce youth substance abuse.

### Mark Your Calendars!

The next BASE Coalition meeting is scheduled for:  
Friday, August 10th at 8:00 AM  
Creskide Place

A Hidden in Plain Sight Room will be set up for viewing!

The September meeting is RESCHEDULED for  
Friday, September 14th at 8:00 AM  
Creskide Place

Evansville Night Out will take place  
Tuesday, August 14th from 6-8pm  
at Lake Leota Park in Evansville.  
Join us for a pool party afterwards from 8-10pm  
at Veterans Memorial Pool.

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Kris Modaff [Substance Abuse Counselor](#)

Kaitlynn Finfrack [Youth Representative](#)

Jennifer Braun [Executive Director](#)

### In this Issue:

Evansville Night Out is coming up quick!

Still don't quite understand what 'vaping' is? We have some helpful info for you!

Youth represent The Evansville Community at CADCA's 17th Annual Mid-Year Training Institute!

BASE Board Member Deb Miller and Director Jen Braun presented information on vaping to the Power of Positive Athletes (POPA) students at EHS!

BASE, EHS SADD Students, and Evansville PD read to youth at Eager Free Public Library!

Rock County Board of Supervisors: Marijuana on the ballot

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## Youth Represent The Evansville Community at CADCA's 17th Annual Mid-Year Training Institute

This July, Building a Safer Evansville took four youth representatives to Orlando, Florida for CADCA's 17th Annual Mid-Year Training Institute. Coalitions across the country sent their youth through the rigors of these courses to help them work together more effectively.

BASE has always strived to help youth rise to leadership roles within our community. At CADCA's Youth Leadership Training Course, EHS SADD students developed critical thinking skills and were equipped with necessary tools to help BASE achieve community-level change. CADCA's training empowered them to take youth-led civic action in our community.

The Advanced Course was only open to coalitions who have completed the Key Essentials Course and are committed to taking their work a step further. A deeper focus is placed on Leadership, Advocacy and Policy and Intervention Strategies.



"Annabelle, Kaitlynn, Kylie, and Ava conducted themselves with grace and poise and the community should be proud to have such examples of youth leadership representing Evansville on a national level, I know BASE is certainly proud."  
- Jennifer Braun, Executive Director





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## Vaping Information Presented to POPA Students

On July 9th, BASE Board Member Deb Miller and Executive Director Jen Braun presented information on vaping to the Power of Positive Athletes (POPA) students at EHS!

Thank you Dale Schulz for coordinating and helping us spread information on the dangers of vaping to the students!

For more information on Vaping, please visit [buildingasaferevansville.org/prevention/vaping](http://buildingasaferevansville.org/prevention/vaping).



## BASE, Evansville PD, and EHS SADD Students Reach out to Youth at Eager Free Public Library

BASE (Building A Safer Evansville), Evansville Wisconsin Police Department, and Evansville High School SADD (Students Against Destructive Decisions) representatives stopped by Eager Free Public Library for storytime!





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## What Do You Need to Know About Vaping?

### What is Vaping?

Vaping is an umbrella term that includes personal refillable vaporizers, e-cigarettes, vape pens, Juuls, etc. Cartridges and tanks contain e-liquid or juice composed of nicotine, flavoring, or other chemicals. The liquid is heated by the device into vapor and inhaled. Some devices can be adapted to vape marijuana, cannabis oil, and wax.



### Who is Vaping?

In the United States, youth are more likely than adults to use e-cigarettes. According to the Center for Disease Control and Prevention (CDC), in 2016, more than 2 million U.S. middle and high school students used e-cigarettes in the past 30 days. Of those students, 4.3% were middle school students and 11.3% were high school students.

**2 MILLION STUDENTS**  
 HAVE VAPED IN THE PAST 30 DAYS

*Information gathered from The Center for Disease Control and Prevention [cdc.gov](http://cdc.gov)*



Vape pens and e-cigarettes have been in existence for just about a decade and there is little scientific research available as to the long term effects. Strategic marketing and advertising is targeted at youth. E-juice is available in thousands of candy, fruit, and dessert flavors that are attractive to young consumers.

# Is Vaping Safe?

A big misconception is that since e-cigarettes and other vaping products may be slightly less harmful than traditional cigarettes, then they must be safe all around. However, that is not the case. Most e-juices contain nicotine and other harmful substances. Vaping still poses a threat to the development of the adolescent brain.

## ***E-cigarette aerosol is not harmless.***

It can contain harmful and potentially harmful substances, including ***nicotine, heavy metals like lead, volatile organic compounds, and cancer-causing agents.***

*Hmmm...*

*Isn't vaping safer than regular cigarettes?*

***Most vaping products contain nicotine which has known health effects including but not limited to***

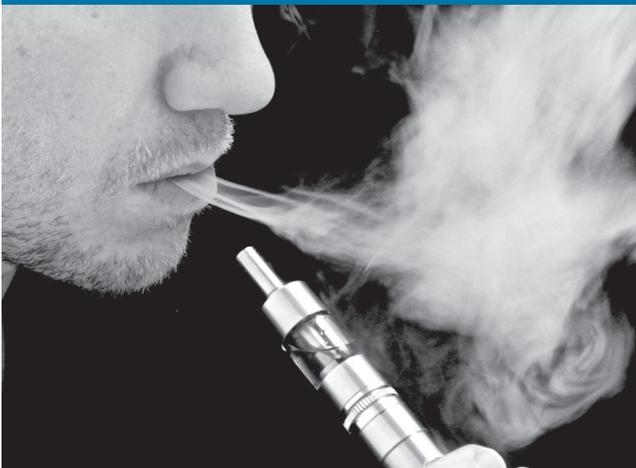
***HARM TO ADOLESCENT BRAIN DEVELOPMENT***

Nicotine is ***highly addictive, toxic to developing fetuses, and contains cancer-causing chemicals*** and particles that reach deep into the lungs.

***Most youth that pick up an e-cigarette have never smoked a traditional cigarette in their lives and had no intentions to do so.***

*Information gathered from The Center for Disease Control and Prevention [cdc.gov](http://cdc.gov)*

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*It's just vaping...  
no big deal, right?*

**WRONG.**

Nearly every U.S. state **bans sale of vape products** to minors under the age of 18 including Wisconsin.

As of April 10th, 2018, Evansville, WI passed a city wide ordinance **prohibiting the possession of vaping products** for minors under the age of 18 with a **fine of \$313.**

## ***The Athletic Code***

The WIAA prohibits use or possession of tobacco in any form including tobacco like products (eg. E-cigarettes, electronic or vapor devices, hookah pipes etc.) Violations could lead to:

- 1st** Suspension from participation in 25% of the contests for the regular season with carry over into the next season if necessary.
- 2nd** Suspension from participation in 50% of the contests for the regular season with carry over into the next season if necessary.
- 3rd** Suspension shall be for one full calendar year (twelve months from the date of the offense).

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*Information gathered from The Center for Disease Control and Prevention cdc.gov, the Evansville Police Department, and the WIAA Athletic Code*

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# How do I talk to my kids vaping?

*Keep it casual...*

"I've read about vaping, and I'm **curious** what you know about it."

"Do you know any kids that are vaping, what do your classmates **think** about it?"

*...but stress the seriousness*

"It's **not like drinking a slushy** or some other thing you like just because of the flavor, it's actually a very serious **drug**."

*Don't forget to be the message.*

If you don't want your kids to vape...

**...don't vape either.**

Information gathered from [health.usnews.com](http://health.usnews.com)



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## Marijuana: On the Ballot

The Rock County Board of Supervisors met on June 28th, 2018. Supervisors Rashkin and Rynes moved that the following advisory referendum be placed on the countywide general election ballot scheduled for November 6, 2018:

Should cannabis be legalized for adult use, taxed and regulated like alcohol, with the proceeds from the taxes used for education, healthcare, and infrastructure?

The resolution was adopted 14:12 with 3 absent.

## What are the risks?

Marijuana can be addictive just like all other drugs. It affects the brain's reward system in the same way as all other drugs of addiction. A person who starts to smoke marijuana at a young age will be more likely to become addicted. Marijuana can also have possible effects on your cognitive development, irritation to the lungs, and respiratory problems such as daily coughing or phlegm production. Marijuana also impairs coordination and judgement. It can lead to automobile accidents especially if used with alcohol or another substance.

## Drugged Driving in Wisconsin

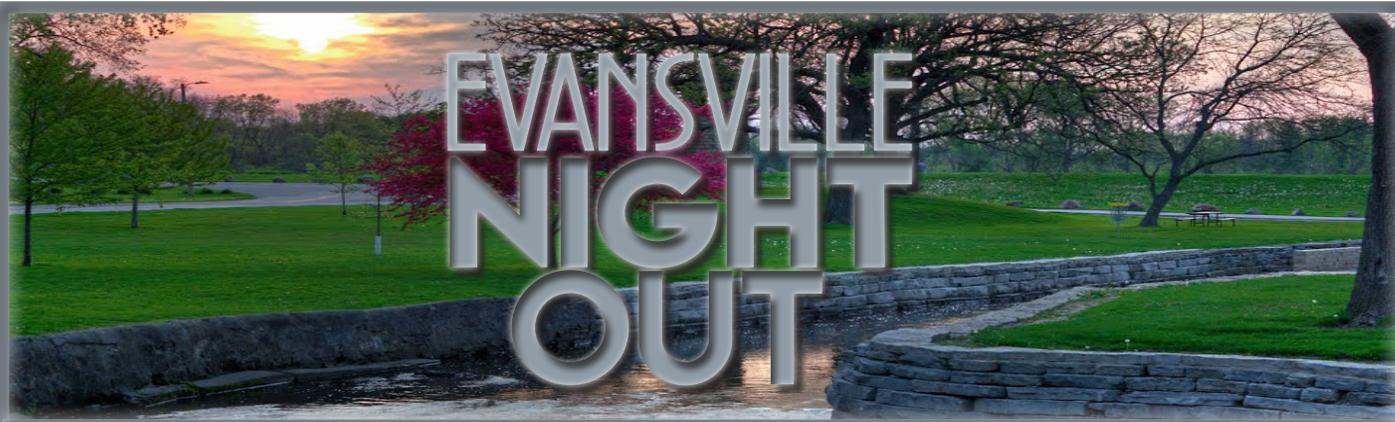
The opioid epidemic and legalization of marijuana in other states has Wisconsin law enforcement concerned about drugged driving.

From 2006 to 2016, alcohol-related traffic deaths decreased from 305 to 143. During that same period, drug-related deaths more than doubled from 50 to 118, says Randy Romanski, safety programs chief in the state Department of Transportation's State Patrol Division.

## Medical Marijuana

Because the federal government considers marijuana a Schedule 1 drug, research on marijuana or its active ingredients is highly restricted and even discouraged in some cases.

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**TUESDAY, AUGUST 14TH  
LAKE LEOTA PARK  
6-8PM**

**FOOD, YOUTH ACTIVITIES, & ENTERTAINMENT**

**FOOD SPONSORED BY**



**JOIN US AFTER FOR A POOL PARTY AT VETERANS MEMORIAL POOL!  
POOL PARTY GOES FROM 8-10PM**

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